

# DOVER AREA MIDDLE SCH

## Breakfast (Regular), January - 2026

			1 Thursday	2 Friday  New Years
<b>5</b> <b>Monday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>General Mills Cereal Variety</li></ul>	<b>6</b> <b>Tuesday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Eggo Confetti Mini Pancakes</li><li>General Mills Cereal Variety</li></ul>	<b>7</b> <b>Wednesday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>General Mills Cereal Variety</li><li>Iced Cinnamon Roll</li></ul>	<b>8</b> <b>Thursday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Eggo Chocolate Chip Mini French Toast</li><li>General Mills Cereal Variety</li></ul>	<b>9</b> <b>Friday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>General Mills Cereal Variety</li><li>Ham, Egg &amp; Cheese Muffin</li></ul>
<b>12</b> <b>Monday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Graham Cracker Variety</li><li>Kellogg's Cereal Variety</li></ul>	<b>13</b> <b>Tuesday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Frosted Strawberry Whole Grain Pop-Tarts</li><li>Graham Cracker Variety</li><li>Kellogg's Cereal Variety</li></ul>	<b>14</b> <b>Wednesday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Chocolate Chip Whole Grain Muffin</li><li>Graham Cracker Variety</li><li>Kellogg's Cereal Variety</li></ul>	<b>15</b> <b>Thursday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Donut Dunkin Sticks</li><li>Graham Cracker Variety</li><li>Kellogg's Cereal Variety</li></ul>	<b>16</b> <b>Friday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Graham Cracker Variety</li><li>Kellogg's Cereal Variety</li><li>Tony's Sausage Egg &amp; Cheese Country Gravy Breakfast Pizza</li></ul>
<b>19</b> <b>Monday</b> <b>Martin Luther King Day</b>	<b>20</b> <b>Tuesday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Cherry Frudel</li><li>General Mills Cereal Variety</li></ul>	<b>21</b> <b>Wednesday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>General Mills Cereal Variety</li><li>Pancake Poffitz</li></ul>	<b>22</b> <b>Thursday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Eggo Fruit Loop Waffle</li><li>General Mills Cereal Variety</li></ul>	<b>23</b> <b>Friday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>General Mills Cereal Variety</li><li>Sausage Egg &amp; Cheese Biscuit</li></ul>
<b>26</b> <b>Monday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Graham Cracker Variety</li><li>Kellogg's Cereal Variety</li></ul>	<b>27</b> <b>Tuesday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Eggo Chocolate Chip Mini French Toast</li><li>Graham Cracker Variety</li><li>Kellogg's Cereal Variety</li></ul>	<b>28</b> <b>Wednesday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Graham Cracker Variety</li><li>Kellogg's Cereal Variety</li><li>Slice of Banana Bread</li></ul>	<b>29</b> <b>Thursday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Glazed, Chocolate Iced &amp; Powdered Donuts Variety</li><li>Graham Cracker Variety</li><li>Kellogg's Cereal Variety</li></ul>	<b>30</b> <b>Friday</b> <b>GRAINS</b> <ul style="list-style-type: none"><li>Graham Cracker Variety</li><li>Kellogg's Cereal Variety</li><li>Tony's Egg &amp; Cheese Breakfast Bagel</li></ul>

This institution is an equal opportunity provider.